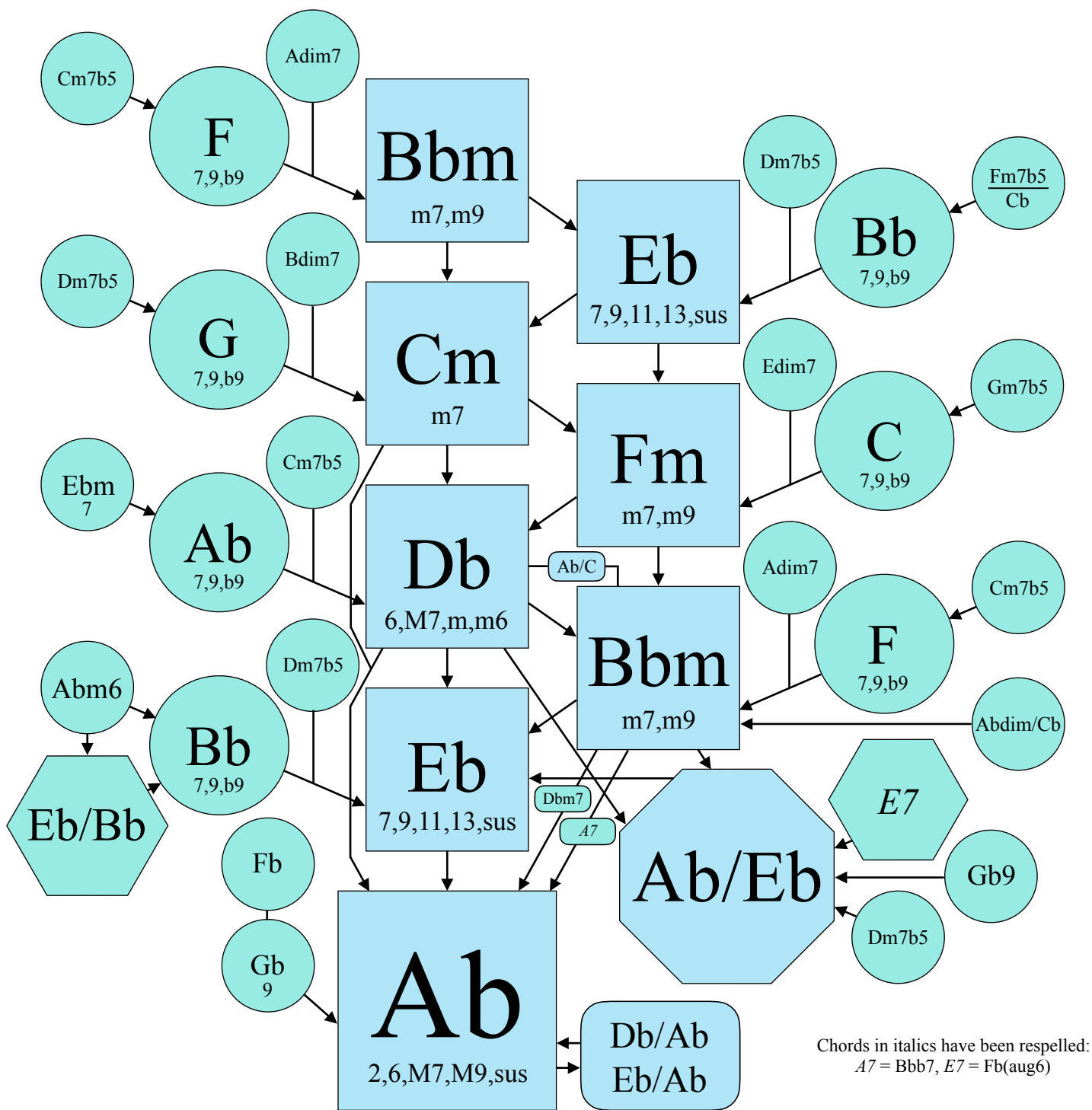


# A Progression Map for Ab Major



## Suggestions for Use

- 1 - Begin with the blue boxes. Start at I. Jump to another blue area. Follow the arrows back toward I. (Example: Ab-Db-Eb-Ab)
- 2 - Start with any blue box. Create a 3 or 4-chord progression by following the arrows. (Examples: Bbm-Eb-Ab or Fm-Db-Bbm-Eb)
- 3 - You may jump to a green location at any time. When you do, there is a tendency to follow the arrows back toward the blue locations.
- 4 - If two locations have the same name, you may switch from one to the other. This gives more options for choosing the next chord.
- 5 - The arrows indicate strong, natural-sounding progressions. For interest, sometimes go opposite the direction of the arrows.

The expression X/Y indicates chord X with scale note Y in the bass.